



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2014

Sporting Excellence in Karate

National Level

Leonie Longden

This is to certify that Leonie Longden has achieved the standard of Sporting Excellence in Competition Sport Karate. Leonie competed at National Championships throughout England in 2014 winning the medals and titles listed below:-

Championship Success - 1 Bronze

Wado UK Championships - 7th September, Hull

Bronze - Team Kumite

Congratulations on your sporting achievements throughout 2014. Well done Leonie.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.